

# 6 AFFORDABLE CHANGES TO MAKE YOUR HOME SENIOR FRIENDLY

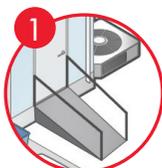


Nearly 90 percent of surveyed seniors over age 65 want to stay in their current residence for as long as possible, but many of those homes are not equipped to let them “age in place”.

The key is to evaluate your home and determine what needs to be changed before there are any major health issues.

If you start planning now before any issues arise, you can space out the work and expense over a period of time. By planning ahead, you won't be making remodeling decisions when you are in the middle of dealing with a health crisis, and someone else won't have to make those decisions for you.

## HERE ARE SOME EASY, AFFORDABLE WAYS TO MAKE YOUR HOME ACCESSIBLE TO SAFELY AGE IN PLACE



1 Make a safer entrance with a ramp and railings and smooth threshold transitions between rooms and outdoor decks or patios.



2 Add safety rails and grab bars in the bathroom



3 Add a stairlift or platform lift for safe access to the upper and/or lower level



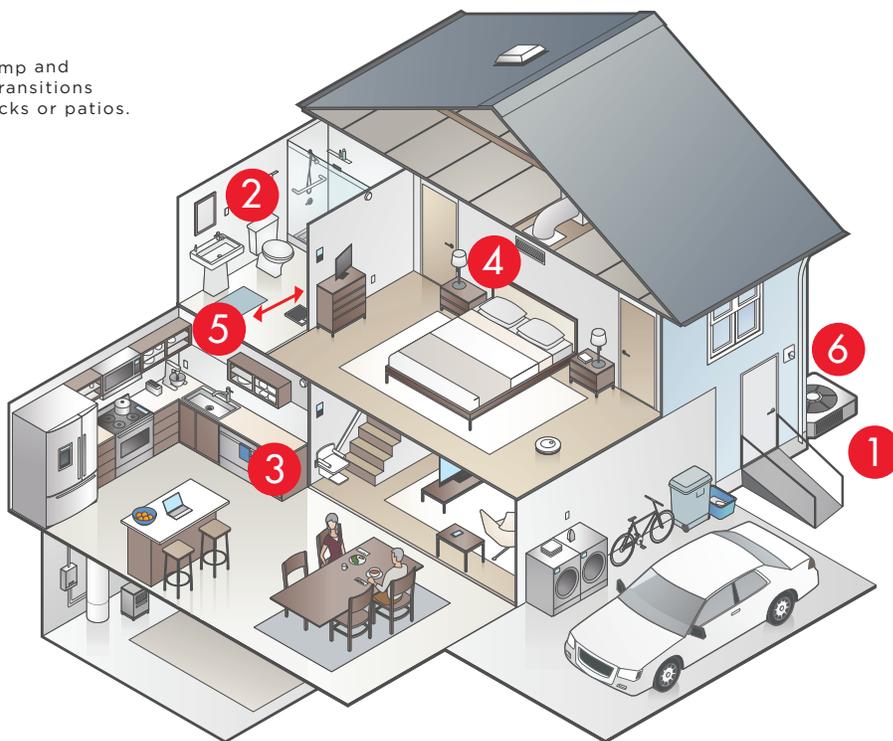
4 Add lever handles to doors, cabinets and faucets for easier opening



5 Widen the doorways and hallways to accommodate walkers, scooters or wheelchairs



6 Increase the lighting, especially at the front and back entrances, and also consider adding motion sensors so the lights come on as you approach the entrance. Increase the wattage of the bulbs in interior hallways and stairways. Add larger windows, skylights or track lighting to the kitchen.



When you are ready to start your project, look for a company with accessibility experience that is familiar with the guidelines of the Americans with Disabilities Act as well as local zoning laws. Certified Aging in Place Specialists (CAPS) are trained by the National Association of Home Builders on remodeling existing homes to age in place.

Amramp's accessibility experts are CAPS certified and can evaluate any home to determine what changes are needed to make the living space accessible. Check out Amramp's accessibility solutions online at [www.amramp.com](http://www.amramp.com). Take advantage of Amramp's FREE evaluation to review your needs and lay out a remodeling plan by calling 888-715-7598 or send an email to [info@amramp.com](mailto:info@amramp.com).